

SOUL BALANCE

“ HEALING PEOPLE AND PLACES,
AROUND THE GLOBE. ”

Let's talk about Nitrofit.

Feel The Difference!

NitroFit is Canada's most affordable quality whole body vibration machine. Tried, true & University tested, NitroFit offers quality & comfort that you can really FEEL, with both the personal (white) and the Deluxe (black). You will see results in as little as 10 minutes a day, 3 days a week!

Nitrofit Personal Version - Our Best Seller!

Feel the difference as you exercise on one of the most valuable vibration trainers. NitroFit Personal offers a simple and effective workout in the comfort of your home or office. How it works: Exercising your bones and muscles makes them stronger and burns calories. NitroFit's rapidly moving platform does much of the work for you because by forcing your muscles to exercise. Simply standing on the vibration platform will help to strengthen leg and core muscles. Full body workouts consisting of lunges, dips, squats, and push ups can be completed in as little as 10-15 minutes. The NitroFit Personal's 30 adjustable speeds, programmable timers, 5 built in exercise programs, pulse/body fat reading programs and adjustable resistance bands make it a best buy.



Health benefits:

- Increase muscle strength and tone
- Increase flexibility
- Increase bone density
- Improve skin appearance
- Promote lymphatic drainage
- Promote weight loss
- Decrease muscle pain

Large LED screen features:

- Programmable 10 minute timer
- Body fat program
- Heart rate monitor
- Scan mode
- 5 Preset workout programs

Specifications:

Vibration type: Pivotal / Levels of intensity: 30 / Motor: .75 HP
Maximum user weight: 330 lbs. / Overall weight: 99 lbs. /
Frequency: 8-30 Hertz / Amplitude: 13 mm. maximum
Dimensions: 21D x 22W x 49H